

What is a TeleVisit?

TeleVisits are a safe and secure way for you to connect to your provider virtually, via video and audio connection either on your smartphone or your computer.

How do I participate in a TeleVisit?

The first step is to call and schedule an appointment with your provider.

For many people today, telemedicine is a convenient and effective way to see their healthcare provider.

How do I join a TeleVisit?

On your smartphone or computer:

Click on the text or email link you receive from your provider's office. **NO LOGIN REQUIRED.**

On the day of your appointment:

- Set aside a quiet location for your appointment.
- “Arrive early” by clicking the link in your email or text reminder that your provider's office sent you.
- Fill out any patient questionnaires and vitals if applicable.
- Click “Proceed” to check your computer's speed and ability to support a TeleVisit.
- Click “Start TeleVisit” to enter the virtual waiting room.
- Your provider will begin the face-to-face TeleVisit and disconnect when the visit ends.

